



USDOE Blue Ribbon School of Excellence  
NJDOE Star School

# MIDLAND PARK PUBLIC SCHOOLS

District Administration Offices  
250 Prospect Street  
Midland Park, New Jersey 07432

Godwin School

Highland School

Midland Park Junior/Senior High School



Dear Parent or Guardian:

We are pleased to announce the revision of the New Jersey State Learning Standards in Comprehensive Health and Physical Education provided by the NJ Department of Education. We value the importance of partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy, active life.

We invite you to examine and discuss this information with your child prior to the instructional units at school. Specifically, the content related to family life education. The curriculum guide is available on the district website <https://www.mpsnj.org/academics/curriculum> You are also welcome to contact your child's Health Teacher to preview the lessons we will be teaching your student.

Midland Park Jr./Sr. High School 11<sup>th</sup> grade curriculum takes an in depth look at family life education taught through a values clarification approach. From birth to death, broad cross sections of family life topics are addressed. The course also meets the state standards regarding alcohol and AIDS education. This class meets four days week for one marking period.

- Introduction to values
- Relationships
- What is sexuality
- Marriage, Parenthood, and family living
- Violence in relationships
- Sexually Transmitted Infections
- Pregnancy and Childbirth
- Birth Control Methods
- Personal Wellness and Awareness
- LGBTQ Unit

The Midland Park District acknowledges that parents/guardians are the primary family life educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role.

Although we strongly encourage families to have their student participate in these essential health topics, we want to acknowledge that **Parents/Guardians do have the option of excluding their child from any portion of sexuality/family life education instruction if it is in conflict with their conscience, morally, or religiously held beliefs.** (\*Please see the appropriate NJ Statute below) If this is the case, please fill out the exclusion form below, tear it off, and send it to your child's health education teacher. Students who are excused will be assigned to a separate classroom for the duration of those identified lessons.

**Section: 18A:35-4.7: Parent's statement of conflict with conscience:** *Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom.*

Sincerely,

*Nicholas Capuano*

Nicholas Capuano  
Principal

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I wish for my child, \_\_\_\_\_, to be excused from the following topics of the family life/sexuality education unit due to moral, ethical and/or religious beliefs:

\_\_\_\_\_  
\_\_\_\_\_.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student's Health Teacher \_\_\_\_\_